



My Journey through the United Kingdom and Ireland

By Swarna Wijesekera



In September 2023, my family and I travelled to the UK and Ireland for a holiday. We This was not a photographic holiday but to have some family time together. In the way of photographic gear, I took my Canon 7D mark 11 with the wide angle lens 18 mm to 135mm and the

70mm to 300mm lens.

We started our holiday in Bath staying for three nights. There we visited the Roman baths, a real highlight of the trip. Bath is









an elegant city full of traditional heritage, contemporary culture, and green space. It is famous as the Roman spa town of Aquae Sulis. The human activity around the hot springs dates back as far as 800 BC! The river

Avon which runs through the city was just a

treat to see.

INSIDE

My Journey through UK and Ireland	1
From the Editor	5
Member Successes	5
Annual Fees Due	7
AGM	7
Oxley Common Photo Shoot	8
Honours from July	9
Results of August Competition	12
September Photo Shoot	13
Executive Committee & Club Officers	14
Competition Schedule to Jan 2025	15



From there we made a day trip to the Cotswolds which were stunning and picturesque. The old buildings dating back 1300 years were a treat to see.







We continued to Windermere which is located in the southeastern part of the Lake District in Cumbria, England. Lake Windemere is the **largest natural lake in England**. The lake lies along the border between the historic counties of **Lancashire and Westmorland**. Its picturesque shores offer breathtaking views of both the lake and the distant mountains.

Edinburgh which is the capital of Scotland is situated in southeastern Scotland near the southern shore of the Firth of Forth. The Castle Rock, upon which the iconic Edinburgh Castle stands, overlooks the surrounding plain. We visited St Giles' cathedral which is a parish church of the Church of Scotland in the Old Town of Edinburgh, the giant mythical Kelpies, Stirling

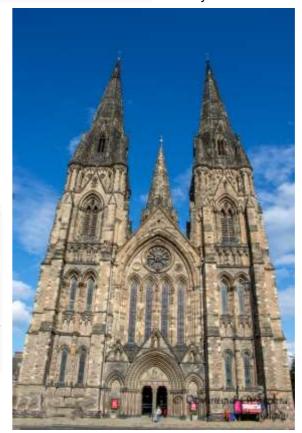
Castle, Loch Ness which is the second-largest Scottish loch by surface area. and the Forth Bridge among other picturesque places.

We continued north to Cairnryan which is a



village in the East coast of Scotland and took the ferry to Belfast from the port of this little village. Belfast is the capital of Northern Ireland. We rented a car there and drove through picturesque local towns. With its rich cultural heritage, stunning architecture, and warm, friendly locals, Belfast offers a unique blend of old-world charm and modern attractions.

We visited the City Hall, Carrick -a- rede rope bridge, Giants Causeway, Titanic Belfast, Dunluce and Carrickfergus castles.

















In Dublin, the capital city of Republic of Ireland we visited the historic buildings including Dublin Castle, dating to the 13th century, St Patrick's Cathedral, founded in 1191 and St Stephen's Green and huge Phoenix Park.

We did a full day tour of the Cliffs of Moher which are sea cliffs located at the southwestern edge of the Burren region in County Clare. The landscape in this area was breathtaking.

From Dublin we took the ferry to Holyhead which is a small township in Wales. From there, we drove to London where we spent a few days before returning to Australia.



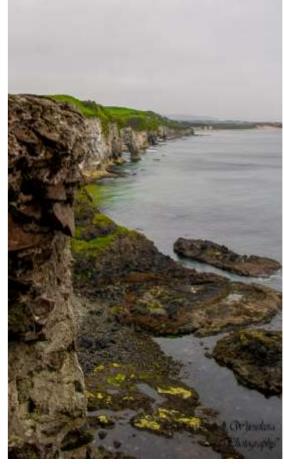














I thank Swarna Wijesekera for her interesting article and photos about her travels in the UK and Ireland.

As we approach our Annual General meeting, I want to acknowledge Bruce McDonald who has stepped in for me as Newsletter Editor on a couple of occasions this year when I have been away. Bruce has also stepped in for Margarita Dewilde as Competitions Officer when she has been away. Bruce exemplifies the way club members support one another through helping out when needed.

Our club's **Annual General Meeting** is being held soon on Wednesday 11 September at 7.00 pm. Awards will be presented for the yearly competition which finalises this month. I know that several office holders are stepping down after serving the club for some years. Please consider nominating for one of the official positions that serve club members. All

positions are declared vacant at the meeting. Our club depends on the work of our voluntary office bearers. Most positions are not onerous. You will be mentored by more experienced members and arrangements can be put in place to cover you if you go away travelling for a block of time. Please give it some thought. As usual, send ideas, feedback or contributions to **my email.**

newsletter@mgps.org.au Paul Mackay

Member Successes

Mt Gravatt Show

		Results	5
MGPS conducts the	1 MONOCHROME		
photography competition at the Mt Gravatt Show every	First	Catherine Carey	Charles
year.	Second	Hector Beveridge	A Foggy Morning at Wyaralong
Suzanne Edgeworth does an	Third	Bob Garnett	Regensburg
outstanding job organising	Highly Commended	Bruce Mc Donald	Leaf Detail
the event which this year had	Highly Commended	Sue Gordon	Ants on Leaf
253 entries. This year she was assisted by:	COLOUR		
,	First	Bruce Mc Donald	Xanthorrhoea Sunset
Judge: John Doody	Second	Hector Beveridge	Maisie
Set up workers and stewards:	Third	Sue Gordon	Calm before Sunrise
	Highly Commended	Chris Seen	Razzle Dazzle Dancer
John Langer, Rose Parr, Bruce MacDonald, Hector Beveridge, Andrea Ryan, Dotti Harkins, Paul Mackay,	Highly Commended	Sue Gordon	Misty Sunrise
	CREATIVE		
	First	Sue Gordon	Naked
Chris Jull, Priscilla Gibbs,	Second	Sue Gordon	Lovley Still
Joni Kennan, Margaret Kemmery, Janet Rowe and	Third	Michael Mitchell	Please don't Scramble me
Swarna Wijesekera.	Highly Commended	Janet Richardson	Playing with paint
,	Highly Commended	Bruce Mc Donald	Double Fond detail
	NATURE		
Michael Mitchell's daughter, Shania Mitchell	First	Dotti Harkins	Scanning the Plains
	Second	Bruce Mc Donald	Orchid in Pink
received First Prize in the grade 11-12 section	Third	Hector Beveridge	Monarch' Realm
91440 11 12 30011011	Highly Commended	Joyce Metassa	Mum and Dad: I'm Here
	Highly Commended	Christine Jull	Robber Fly



PORTRAIT		
First	Paul Mackay	Watermelon for my sister
Second	Bruce Mc Donald	Distinctive
Third	Sue Gordon	Green Eyed Boy
Highly Commended	Sue Gordon	Elegance
Highly Commended	Sue Gordon	Theo
TRAVEL		
First	Paul Mackay	Mekong Skipper
Second	Paul Mackay	Alms Giving in Luang Prabang
Third	Dotti Harkins	Kissed by a Camel
Highly Commended	Chris Seen	Nusa Dua Scooter Mum
Highly Commended	John Langer	The Mountains of Reine Norway
Grand Champion	Paul Makay	Watermelon for my sister





River City Interclub Print Competition

MGPS came eighth among the eleven clubs that entered. **Bob Garnett** received Highly Commended in the Mono section.

Newcastle International Circuit

Geoff Hui received the following awards

- A Beakfull of Fish PSA Merit
- *Mother's Affection* Newcastle International Honourable Mention.

Mellow Circuit India

Chris Seen received a Gold Medal for Reflections of Blu

Photo published in the Sunday Mail

John Langer had one of his photos from the Ekka published in a recent edition (see right)



Annual Fees Due and AGM

This is a gentle reminder that membership fees become due on July 1st each year. Please note that the fees listed on the web site are incorrect and are being updated. The correct fees are listed below.

Membership fees can be paid on meeting nights in cash or preferably using our EFTPOS facilities. Alternately membership fees can be paid by direct deposit into the club's bank account. Remember to use your *COMPETITION NUMBER* and/or *SURNAME* as reference so we know who has paid!

For those who wish to use direct deposit the bank details are as follows:

Mt Gravatt Photographic Society Inc, BSB 064-118, Account 10054613

Membership fees for the year are:

- Full \$60
- Concessional* \$30 (for pensioners or full-time students)
- Spouse of FULL Member \$30
- Associate \$40 (U18)

You need to be a financial member to continue entering monthly competitions and to continue to receive the newsletter and emails, It is also a requirement to be a financial member to vote at our AGM.



Mount Gravatt Photographic Society Inc

AGM CONVENING NOTICE

The Annual General meeting for the Mt Gravatt Photographic Society will be held on:

Wed 11th September - 7:30pm

At St Bartholomew's Hall, Cnr Mountain Road & Logan Road Mt Gravatt

BUSINESS OF MEETING

Presentation of Awards

Minutes of 2023 AGM

Presentation of Presidents Reports

Presentation of Treasurer Report

Election of Auditor

Interest Group Reports

Election of Office Bearers

Appointment of Public Officer

Nomination to Appointed Positions

General Business

All financial members are requested to attend.

A full agenda and proxy forms will be distributed in due course.

All committee positions become vacant.

Nomination forms for the 2024-2025 Committee will be emailed to all members.

Oxley Common Photo Shoot

What a great turnout we had for our monthly shoot! We had lovely weather, very sunny and warm. There were quite a few birds around, though more heard than seen. We were worried they would be scared away as there was a running competition on with numerous runners constantly passing us. Luckily that didn't cause a problem. We saw lots of little birds as well as egrets, pelicans, kookaburras and magpies. I think an enjoyable time was had by all. Thank you all for coming along.



Anne Smallegange



Michael Hilton



Ian Sweetman



Bhaska Desha



Susan Chisholm

Honours from July - Scapes

Oporea by Paul Mackay

We were driving through Arthur's pass in the South Island of New Zealand and drove around a corner to see the view above. Fortunately, there was a picnic area on the edge of the lake. It really helped that the sun was shining directly on the view ahead of me reducing shadows,

This image is a result of stitching three images together in Lightroom. Contrast was increased in Photoshop.

Olympus OMD EM1 Mk III with 12-40 Olympus Zuiko Pro lens at 12mm. ISO 250, f10, 1/160 sec.



The Mountains of Reine, Norway by John Langer

The fishing village of Reine in the Lofoten Islands is considered one of Norway's most photographed locations. Traditional fishermen's cottages (called *rorbu*) and painted in red punctuate the shoreline, whilst rugged mountains dominate the Reinefjord landscape. The image was captured from the Hamnoy Bridge on our mid-morning walk around Reine during a cruise along the Norwegian coastline in May 2024. Fortunately, the relatively clear skies and calm winds allowed us plenty of time to compose an image of this iconic location. Only minor adjustments to highlights and shadows were made in Lightroom.

Canon EOS 750D, Canon 18-55mm f3.5-5.6 lens at 26mm, 1/160s, f/5.6, ISO 100

Rural Landscape by Chris Jull

We often take a family drive to somewhere and this day found us out Dayboro/Ocean View way. It was a very overcast day with lots of showers which I thought made the image much nicer than it would have been on a bright, sunny day. I shot the image with my Olympus OM-D EM1 mkII, 12-100 lens at 17mm, ISO 200, F9, 1/320 sec in Aperture mode. I edited the image in Lightroom to crop and brighten it.





Glacial Lake at Pukaki by Bob Garnett

This image was taken mid-morning looking towards Mt Cook NZ. It was a nice clear morning with the road skirting the lake making a nice leading line into the image.

Editing was done in Lightroom with highlights &

shadows with small adjustments to clarity. I also increased vibrance sharpening.

Camera Canon EOS R5, Lens Canon EF 24-70 at 70mm, F16, ISO 100, 1/160 sec.

Goddess In the Blooms by Rosslyn Garnett

The original photo was an autumn toned tree photographed in the bush in NSW. I edited in Lightroom with basic adjustments and then worked in Photoshop for final touches retaining the appearance of an autumn tree.

I then applied a topaz filter and much to my surprise, it changed the entire appearance becoming a vivid pink and light grey leaving a white space in the middle, which made me think of the Creative category. Having photographed a mural on a brick wall in NSW, I decided to use the lady. I cut her out and then cloned out all the brick lines fitting the lady nicely into the white space.

I felt happy creating a most unusual style of photo. I finished off in Photoshop for Levels & Curves.

Tree Photo: Sony 7R11 Sony Lens 70-200 Focal 100mm, ISO 400, F9, 1/500 sec. handheld.

Lady Photo: Sony 7R110 Sony Lens 70-22 Focal 70mm, ISO 200, F8, 1/160 sec, handheld.





204 @ 600kmph by Robert MacFarlane

The picture of the FA18 Hornet (number 204) was taken from the Emporium Hotel on the Riverfire practice day at lunch time. The reason for getting up high is to try and look at the jet or even down upon it which is so much better than just capturing the underside with the sky as the background. The Emporium also has the backdrop of the city which gives the photo its essential setting. Photos at Riverfire will need to be taken from high spots in the future as the new bridges crossing the river will force the planes to fly higher.

I set my camera on a moderately high burst rate so that I could capture a moderately long burst without filling up the buffer too quickly. I used Affinity Photo 2 to process the photo. My Camera is a Fujifilm APSC Camera with a 70-300mm Fuji zoom set on full zoom giving it the equivalent of 450mm on a full frame camera. The camera settings were Speed Priority with a shutter speed of 1/2000 sec using a panning motion trying to hold the plane in the centre of the viewfinder. The aperture was f/5.6 with an ISO 400 - being a sunny day helped with capturing the photo. Next Riverfire the background hotels associated with the casino will likely be completed so there will no longer be "hi vis" workers in the background. The camera was handheld as both the plane's position and height were changing fairly quickly. One thing I try to do is capture the focus on the jet as soon as possible so that the camera is ready to take photos as soon as the jet is suitably framed.

The Hazards by Rodney Topor

I was fortunate to spend nearly two weeks in the beautiful state of Tasmania in April-May this year. I captured the components of this image of The Hazards - a local feature - shortly after sunrise from the beach at the back of the Freycinet National Park Visitor Centre. I was



disappointed that the sky and light wasn't interesting but pleased that there was at least mist on the water. The panoramic image is a stitch in Lightroom Classic of about eight vertical frames captured with my Fujifilm X-T5 (APS-C) camera and XF 35mm f/2 (prime) lens. As usual when taking frames for a panorama, I put the camera on a tripod, with the lens horizontal and pointing directly ahead throughout. I used manual everything -focus, white balance, exposure - and about 30% overlap between frames. The exposure settings were 1/320, f/8, ISO 500, nothing special. Making stitched panoramas with moving waves is difficult to impossible, and you can see wave discontinuities in the image, but fortunately the judge didn't notice or didn't worry about them. One solution to this problem - which I didn't think of using here - is to put an ND filter on the lens, and take very long exposures to make the water smooth. Another solution is to use better stitching software such as PTGui Pro, which allows you to precisely mask which part of each frame to use in the final image. I cloned out some distracting branches at the far left so the tree stood out better.

Playing by the Creek by Gwenda Kruger

This was taken near the Japanese Garden pond at Mt Coot-tha. I turned around and saw this little boy, who I think was a little impatient waiting for his parents who were steps behind. The only editing was a little lightening and cropping.

D780, Manual, Shutter 1/125, F8, ISO 125, 24-10mm lens at 66 mm.





The Heavens Opened by Dorothy Hurdle

This was a September afternoon shot of the Athabasca Glacier in the Columbia Icefield area, as the clouds began to open. The view was from the information centre across the road, after we'd done the trip out onto the glacier and walked around in the freezing cold wind and some snow. It was just a case of being there and looking out at the right time. I took three shots in short sequence and liked this one best.

Capture: Camera was a DSC-RX100 on superior auto mode, handheld. That was my

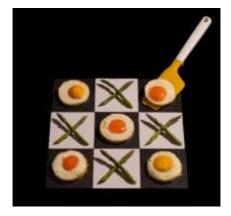
'holiday camera' back in 2013.

Brisbane viewed from Wilson's Point by Margareta Dewilde

This photo was taken at the MGPS's monthly outing. This month we went to Wilsons Point Lookout. I had just bought an ND filter, and this was my first night using it.

Olympus Em5III, exp time-40sec, f/13, ISO 64, Manual, Metering Mode-Multi Segment, Exp bias-0, Focal Length 12mm (24mm) Lens Olympus M.12-100mm F4.0





Noughts and Crosses by Rose Parr

I imagined circular, yolk-centred fried eggs, each sitting nicely on a small tile, as part of a boardgame of noughts and crosses, the crosses being formed by asparagus spears. While discovering fried egg perfection to be unachievable, I did learn that baking provided a better result than frying. When I assembled my boardgame, with black cloth as the background, I lit from the side to form shadows from the asparagus crosses. I positioned the camera for a slight distance perspective. The spatula was included to explain the story of placing the last egg to win the noughts and crosses game. When editing in Lightroom, I used masking: to subdue the white on the spatula handle and the white tiles, to achieve a total black background, and to reduce the shadows on the

extremities of the grey tiles opposite the light source, so their outline was still apparent against the background.

Edited in Adobe Lightroom Classic.

Capture: Sony A7Riii camera body, Sony FE 70-200mm F2.8 GM OSSII lens at 70mm. 3 seconds, f16, ISO 50. Aperture priority. Spot metering. Tripod. Remote cable shutter control. Continuous light on a stand.

Rawnsley Range by Hazel Sempf

I took this photo when on a recent trip to the Flinders Ranges where we did an evening sunset shoot from a mountain top overlooking the entire valley towards Rawnsley Park Station and the bluff of the Rawnsley Range. It was in the golden hour leading to sunset when I captured this photo.

Sony RX10M4 which is a bridge camera with zoom 24-600 equivalent and mounted on a tripod. 24mm equivalent, F5,



1/160, ISO100 and auto WB. Post processing was completed in Lightroom where I did a light crop, enhanced the lighting on the range and cloned some stray buildings from the scene.

Results from August Competition: Monochrome

	PRINT COMPETITION judged by John Lomas				
Member name	Open Image	Set Image	Points	Points YTD	
AB Grade Print					
Carol Rustichelli	Honour	Credit	18	18	
Christine Jull	Credit	Merit	15	36	
Janet Richardson	Merit	Acceptance	12	12	
Joni Keenan	Acceptance	Credit	9	15	
Robert Vallance	Merit	Merit	18	18	
A Grade Print					
Bob Garnett	Credit	Honour ***	18	36	
Dorothy Harkins	Merit	Acceptance	12	24	
Lekha Suraweera	Honour	Merit	21	30	
Paul MacKay	Merit	Credit	15	30	
Susan Chisholm	Honour	Credit	18	33	
Bruce McDonald	Credit	Merit	15	27	
Rose Parr	Honour	Merit	21	33	
Joyce Metassa	Credit	Credit	12	15	
Kerri-Anne Cook	Acceptance	Merit	12	24	
Rosslyn Garnett	Credit	Credit	12	33	
Swarna Wijesekera	Merit	Acceptance	12	27	
*** Print Image of the nig	jht				

Images awarded Merits or Honours will be displayed on the MGPS website -<u>www.mgps.org.au/club/monthly-comps/winning-images</u> Contact the Records Officer records@mgps.org.au for any problems.

	DIGITAL COMPETITION judged by Graham Harris			
Member name	Open Image	Set Image	Points	Points YTD
AB Grade Digital				
Margareta Dewilde	Acceptance	Honour	15	30
Carol Rustichelli	Credit	Credit	12	33
Christine Jull	Merit	Acceptance	12	27
John Langer	Merit	Honour ***	21	42
Janet Richardson	Credit	Credit	12	24
Gwenda Kruger	Acceptance	Acceptance	6	21
Bhaskar Desha	Credit	Merit	15	27
Michael Hilton	Acceptance	Out of Category	3	3
Joni Keenan	Acceptance	Acceptance	6	21
Robert Vallance	Acceptance	Honour	15	21

MGPS OBJECTIVES

The Mount Gravatt Photographic Society is a community-based non-profit camera club that is affiliated with the Photographic Society of Queensland (PSQ). The club was formed in February 1967 by a small group of enthusiastic amateur photographers.

See http://www.mgps.org.au/club/about-mgps/club-history for more details.

The Aims of Mount Gravatt Photographic Society:

- To foster a love of the art of photography amongst its members and in the community.
- To assist members with problems pertaining to photography.
- To achieve a more fruitful alliance between the beginner and the experienced photographer.
- To present lectures on photography for beginners.
- To arrange competitions both within the Society and with other bodies from time to time.

A Grade Digital	DIGITAL COMP	PETITION judg	ed by Grahaı	m Harris
Member name	Open Image	Set Image	Points	Points YTD
Dorothy Hurdle	Honour	Credit	18	39
Gordon Dixon	Credit	Merit	15	15
Hazel Sempf	Credit	Merit	15	36
Rodney Topor	Honour	Credit	18	39
Bob Garnett	Merit	Merit	18	27
Chris Seen	Acceptance	Credit	9	9
Dorothy Harkins	Credit	Credit	12	30
Ann Smallegange	Merit	Merit	18	18
Lekha Suraweera	Credit	Merit	15	27
Suzanne Edgeworth	Credit	Acceptance	9	9
Paul MacKay	Acceptance	Credit	9	33
Heidi Wallis	Honour	Merit	21	33
Robert Macfarlane	Acceptance	Merit	12	30
Susan Chisholm	Credit	Credit	12	27
Bruce McDonald	Credit	Honour	18	30
Stephen Relf	Merit	Credit	15	27
Ian Sweetman	Honour	Merit	21	39
Rose Parr	Credit	Credit	12	33
Joyce Metassa	Acceptance	Credit	9	21
Kerri-Anne Cook	Credit	Merit	15	33
Rosslyn Garnett	Credit	Credit	12	27
Jeffrey Mott	Honour	Credit	18	39
Trudi Aykens	Acceptance	Acceptance	6	12
Swarna Wijesekera	Credit	Acceptance	9	21
Shuying Jiang	Credit	Acceptance	9	24
Cheryl Zwart	Credit	Merit	15	24
*** Digital Image of the	night			

September Photo Shoot –

Date, Location and Time:	Sunday 22 September, 2.00 pm University of Queensland
Details	Meet on Sir William MacGregor Drive under the Eleanor Schonell Bridge. Travel by car - Weekend parking at UQ is free or park at Dutton Pk and walk across the bridge. Alternatively catch a bus to UQ Lakes or City Cat to UQ ferry terminal - refer to Translink planner for schedules. Use the afternoon light as you explore and capture waterbirds on the lakes, mature trees, Great Court cloisters and gargoyles, sporting activities, runners, cyclists, walkers, kayakers on the river, the architectural features of modern buildings, light and shadow. The bridge also provides a great subject. Coffee and cake at Saint Lucys (at the Tennis Centre)





Ian Sweetman President

Vice President (currently vacant)



Gavin Carter Secretary



Gwenda Kruger Treasurer



Janet Richardson Activities Officer



Margareta Dewilde
Competitions Officer



Paul Mackay Newsletter Editor



Michael Mitchell Records Officer



Margaret Kemmery Member #9

MGPS Officer Bearers				
Technical Support Officer	Susan McGrory	Welcome Desk 1	Hazel Sempf	
Club Activities Officer	Gwenda Kruger	Welcome Desk 2	Joni Keenan	
Data Projectionist	Rodney Topor	Welcome Door 1	Christine Jull	
Assistant Projectionist	Rick O'Shea	Welcome Door 2	Lekha Suraweera	
Digital Competitions	Tony White	Welcome Door 3	Bruce McDonald	
Interclub Competition Officer	Suzanne Edgeworth	PSQ Liaison	Sue Gordon	
Assistant Treasurer				
Competition Assistant	Janet Rowe	Supper Convenor	Margaret Kemmery	
Equipment Officers	Rick O'Shea	Hunt and Shoot Coordinator	Ellis Cole	
Public Officer	Suzanne Edgeworth			
SUBGROUP COORDINATORS				
Digital Group	Jeffrey Mott	Monochrome Group	Warren Veivers,	
	Reserve: Geoffrey Hui		Cheryl Zwart	

CLUB COMPETITION SCHEDULE Aug 2024-Jan 2025

Set subject	Entries due	Judging date	Description
Mono	24-July	28-Aug	Any photograph containing shades of only one colour. If toning is carried out, it must be over the total photograph-partial toning and/or the addition of one or more colour is not acceptable in this monochrome section
Solitude	28-Aug	25-Sept	The state or situation of being alone, a lonely uninhabited place.
Curves	25-Sept	23-Oct	Curves are graceful, rhythmic, dynamic and add energy to an image.
Machinery	23-Oct	27-Nov	An apparatus or part there-of, designed to apply mechanical power or to carry out some mechanical function. It must consist of several parts each with its own function.
Annual	13-Nov	11-Dec	Refer to MGPS website competition page or <i>Member handbook</i> number 6.1-page 11
Open	11-Dec	22-Jan 2025	"An image of any subject or genre. 2 open images can be entered for both the digital and the print competitions."

EXTERNAL COMPETITION OPPORTUNITIES FOR INDIVIDUALS				
Competition	Closes	Website		
APS Australian Digital Photography Awards	15-10-24	APS Australian Digital Photography Awards (ADPA)		
APS National Exhibition Nature	24-10-24	APS National Exhibition Nature		
Edinburgh Photographic Society Digital Salon	10-11-24	Edinburgh Photographic Society Digital Salon		
South Coast camera National Print Salon	11-11-24	South Coast Camera Club National Print Salon (visualpursuits-au.com)		

It is a rewarding challenge to participate in National and International photographic competitions. There are hundreds of competitors approved by the Photographic Society of America. You can access these competitions via this website: <u>Exhibitions (psaems.org)</u>

For Australian based competitions, check the APS site at <u>Current Exhibitions (a-p-s.org.au)</u> You can use your results in these competitions to build credit for photographic honours.

Out From the Mist COMPETITION

Out From The Mist is an international competition that celebrates photography, short films, and music, providing a powerful platform for those with lived experiences of mental illness. When words fall short, images and music become vibrant conduits for expression.

This competition is open to photographers, musicians, and short filmmakers who wish to explore their own experiences or those of someone close to them. Whether you are a professional or an amateur, all stories are valid and welcome.

For more information and entry conditions, please visit the website: https://www.outfromthemist.com/about/the-competition/

The competition runs from July 1st to August 30th, with the awards night being held on World Mental Health Day, October 10th, in Brisbane.